HRSE Long Term Plan

	Autumn 1	*Autumn 2*	*Spring 1*	*Spring 2*	*Summer 1*	*Summer 2*
Year 1	Let the Children Come	God Loves You	Special People Treat Others Well Say Sorry	Good and Bad Secrets Physical Contact Harmful Substances Can you Help Me? (Part 1) Can you Help Me? (Part 2)	Three in One Who is my Neighbour?	The Communities that we Live in
Year 2		Let the Children Come	I am unique Girls and Boys Clean and Healthy (My Body)	Feelings, likes and dislikes Feeling Inside Out Super Susie gets Angry	The Cycle of Life Beginnings and Endings Real Life Online Rules to Help Us	Three in One Who is my Neighbour? The Communities we Live in
Year 3		Get Up! The Sacraments Jesus, My Friend	Friends, Family and Others….. When things Feel Bad Sharing Online Chatting Online	Safe in my Body Drugs, Alcohol and Tobacco First Aid Heroes	A community of Love What is the Church?	How do I love others?
Year 4	Get Up!		We don't Have to be the Same Respecting our Bodies What is Puberty? Changing Bodies Male/Female Discussion Groups	What am I feeling? What am I looking at? I Am Thankful	Life Cycles A Time for Everything	A Community of Love What is the Church? How do I love others?
Year 5	Calming the Storm	God is Calling You	Under Pressure Do you Want a Piece of Cake? Self-Talk	Sharing Isn't Always Caring Cyberbullying	Types of Abuse Impacted Lifestyles Making Good Choices Giving Assistance	The Holy Trinity Catholic Social Teaching Reaching Out
Year 6	Calming the Storm Gifts and Talents Girls' Bodies Boys' Bodies Spots and Sleep		Body Image Peculiar Feelings Emotional Changes Seeing Stuff Online (only taught with consent) Making Babies (Part 1) Making Babies (Part 2) Menstruation Hope Beyond Death		The Holy Trinity Catholic Social Teaching Reaching Out	